# Laboratory diagnosis of Primary hyperoxaluria

Dr Gill Rumsby UCL Hospitals London, UK

University College London Hospitals

# Steps involved in diagnosis

### Metabolite

### Enzyme (protein)

### Gene (DNA)





# Specialist tests

Tests are <u>not</u> available 24h a day

 Done in a small number of centres and can take time to arrange and send



# Specialist tests

- Tests often MANUAL
  - take time (days)
  - run in batches to keep down costs
- RESULT
  - Will take time (up to one month) to get all the results



# Steps involved in diagnosis

### Metabolite

# Enzyme (protein)

Gene (DNA)



- Symptoms may suggest presence of kidney stones
  - e.g. blood in urine, pain
- Prompts laboratory investigations
  - Urine
    - stone forming substances, e.g. Oxalate, calcium
    - substances that help stop stones forming, e.g. citrate
  - kidney stone content





# Urine oxalate

 Usually one the first tests done in patients with kidney stones

 Is the amount of oxalate present greater than that found in people without disease?



# Urine samples



#### Oxalate

HO,

OH

Random or 'spot' urine

or



#### 24h urine collection



#### ULN=upper limit found without disease



#### Urine oxalate in PH



#### added to other clinical symptoms, raised oxalate may suggest further tests need to be done

e.g. gene (DNA) analysis or liver enzyme studies



# Steps involved in diagnosis

Metabolite

### Enzyme (protein)

Gene (DNA)



# PH is caused by a defective protein (enzyme)

#### • PH1

- Lack of alanine:glyoxylate
  aminotransferase = AGT
- PH2
  - Lack of glyoxylate reductase =GR
- PH3

Lack of hydroxyoxoglutarate aldolase
 =HOGA





# Enzyme tests for PH

- Need a (tiny) liver biopsy
- Only available for PH1 and PH2
- Rarely required now as genetic testing has taken over.



# Steps involved in diagnosis

Metabolite

### Enzyme (protein)

### Gene (DNA)



# Genetic Testing

Genes are made of DNA

 DNA is present in the nuclei of all cells, including those in the blood



# For genetic tests We need blood or saliva samples from the patient and from the parents.







### DNA is packaged into chromosomes

HO

OH



PH1, PH2 and PH3 are recessive diseases. This means that the child must inherit two defective genes, one from each parent, to have the disease

# DNA analysis



#### What we see in the lab



# Mutations

- Changes in the DNA sequence which will cause the gene to fail are called MUTATIONS
  - mutations in AGXT will cause PH1
  - mutations in *GRHPR* will cause PH2
  - mutations in HOGA1 will cause PH3





# How can DNA testing help?

- We can use it to diagnose PH1, PH2 and PH3 in:
  - A patient with symptoms
  - other family members e.g. brothers and sisters
  - In a fetus, i.e. prenatal diagnosis



HO.



T is the normal gene, C is the faulty gene.

Any child inheriting the green marker from Dad and the blue marker from Mum will have PH2.



HO

UН

# Prenatal Diagnosis

Chorionic villus biopsy taken under ultrasound guidance at 10-12 weeks gestation.





Isolate DNA

#### Look for mutation

Result available within 10 days (normal,carrier or affected)



Disease genes are the green and pink markers. The fetus has inherited the green but <u>not</u> the pink marker and is therefore a carrier only and does not have the disease.

# Summary

- Diagnosis of PH requires specialised tests that take time to perform
- Urine oxalate is one of the first tests
- DNA testing
  - makes the final diagnosis of PH1, PH2 or PH3
  - can also be used for diagnosis of other family members and prenatal diagnosis
- Liver enzyme testing may be needed if no mutation found



# Thank you





www.uclh.nhs.uk/biochemistry

# University College London Hospitals

### Some research questions

- Can urine samples taken at a fixed time of day substitute for 24h collections?
- Can we establish methods to measure specific metabolites in urine from PH3 patients?